

DELHI JAL BOARD GOVT. OF N.C.T. OF DELHI PROJECT DIRECTOR (TRAINING) VARUNALAYA PHASE-II KAROL BAGH NEW DELHI:-110005

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O.O. No. 60

Dated 05/03/2015

Subject:

In House training programme of 12 half days as an Orientation Training Programme for the Security Personnel DJB's.

On Approval of the Member(Administration) vide his order dated 05/03/2015, this is continuation to conduct training programme for security personnel of DJB as per the below mentioned schedule. The training programme on focus in on physical fitness drill soft skills & communication skills and office management lecture on security aspects considering the specific requirements of visitors at plants and installation of Delhi Jal Board.

- 2 The Security Personnel of DJB have been deployed at Water / Sewage Treatment Plants and the Head Office. The main job of these deployed Security personnel deployed at WTP/STP is to check and restrict the movement of unauthorized personnel from dangerous / explosive articles and guard the property of DJB.
- 3) Delhi Jal Board has arranged 12 half days training programme as on Orientation Training Programme for Security Personnel of DJB. The 3nd Batch of this training programme would be held from 09/03/2015 21/03/2015. All the under mentioned security personnel hereby directed to report to the Training Team of Delhi Jal Board at 8.30 A.M. Sharp at venue of Haidepur Training Centre, Haiderpur Treatment Plant, Delhi 110088.
- 4) The dignitaries of Delhi Jal Board will inaugurated the training programs on the opening / closing of day of batch. They well motivate the personnel while depicting the important of training and need for the programme.

3nd BATCH

S.NO.	Name	Father's Name	Desig.	DDO
1.	Moti Chand	Sh. Sanehi	1160	
2.	Deepak Kumar	Sh. Babu Singh	HSG	AC (T) HQ/Dy. CSO (HQ)
3.	Devinder Kumar		SG	AC (T) HQ/Dy. CSO (HQ)
4.	Raj Bali	Sh. Tota Ram	SG	AC (T) HQ/Dy. CSO (HQ)
5.		Sh. Belu Ram	SG	EE (E&M)HP-I
	Satbir Singh	Sh. Sahi Ram	SG	EE (E&M)HP-I
6.	Sri Kishan	Sh. Chander Singh	SG	EE (E&M)HP-II
7.	Suresh Kumar	Sh. Laxmi Chand	SG	
8.	Kaptan Singh	Sh. Nathu Ram	SG	EE (SDW)-IX, STP Rithala
9.	Jagdish Kumar	Sh. Hoshiyar Singh		EE (SDW)-IX, STP Rithala
10.	Govind Singh	Sh. Keshar Singh	SG	EE (SDW)-IX, STP Rithala
11.	Rakesh Kumar		S.O.	EE (SDW)-I, SPS Kilokri
12.	Charan Dass	Sh. Amit Singh	HSG	EE (SDW)-I, SPS Kilokri
13.		Sh. Dalip Singh	SG	EE (SDW)-I, SPS Kilokri
	Rajesh Kumar	Sh. Khajan Singh	SG	EE (SDW)-XI, SPS A. Ganj
14.	Raj Kumar Mishra	Sh. Maya Ram Mishra	HSG	EE (SDIM) N/ STD K
L5.	Chhote Lal	Sh. Jagelu	SG	EE (SDW)-IV, STP Kondli
			130	EE (SDW)-IV, STP Kondli

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16.	Gyan Singh	Sh. Jai Singh	SG	EE (SDW)-IV, STP Kondli
17.	Ravinder Kumar Yadav	Sh. Bhola Yadav	HSG	EE (SDW)-VII, STP C. Pillar
18.	Gajraj Singh	Sh. Babu Lal	SG	EE (SDW)-VII, STP C. Pillar
19.	Surender Kumar	Sh. Anand Kumar	SG	EE (SDW)-VII, STP C. Pillar
20.	Tula Ram Jadli	Sh. Ghana Nand	SG	EE(E&M) BP/MOI,G. Puri
21.	Biri Singh	Sh. Ram Saroop	HSG	EE (SDW)-VI, STP Keshopur
22.	Narender Singh	Sh. Ravi Dutt	SG	EE (SDW)-VI, STP Keshopur
23.	Nahar Singh Meena	Sh. Hira Lal	SG	EE(E&M)-III, Okhla WW
24.	Naresh Kumar	Sh. Mam Chand	SG	Raw Water Bawana
25.	Devanand Singh	Sh. Chander Bhan	SG	EE (SDW)-VIII/MOI Najfgarh

- 5) It may be noted that attending the aforesaid training programme is compulsory. DDO's / Controlling officers may please be note that they shall not grant any leave to the nominated officials during the training day. If any participant is found absent, action will be taken against him.
- 6) Since it's a half day programme, the tea & light snacks will be provided during the refreshment break.

7) Instruction for Participants

(i) Participants are directed to observe punctually and regularly.

(ii) Participants are directed to keep their mobile phones on silent mode or switched off during the training sessions

iii) Participants are expected to complete exercise/ questionnaires, if any, distributed by the faculty during

training session and also fill up the feedback form.

(iv) Participants should wear loose clothing that allow for comfortable movement during the training exercises, Participants preferably should wear warm clothing like track suit/ lower/ short and a loose kurta/ T-Shirt.

This issues with the approval of Member (Administration order's dated: 05/03/2015

(VEENA SHARMA)
Office Suptd. (Training)

All Selected Security Personnel.

No. DJB /P.D.(Trg) / F. 05 /2014-2015 27075

Date: 05/03/2015

Copy for kind information to;

1. Chief Executive Officer, Delhi Jal Board.

2. Chief Vigilance Officer DJB

3. Member(Administration/ Member (Finance)/ Member(Water)/Member(Drainage)

4. Addl. CEO / All Chief Engineers / Director (A&P)/ Director (F&A) /Director (Rev) Dir(Vig)

5. Chief Security Officer / Deputy CSO (HQ) for information & necessary action please.

8. SE (Mapping Cell) / EE (EDP-Cell) for uploading the order on the website of Delhi Jal Board.

7. SE(WW) / EE(E&M)HP-1 /II

8. Sh. Sukh Dass, Deputy Director (H) with request to arrange a one flower bunch on 09/03/2015 (8 a.m.) for distinguish guest of DJB.

9. Security officer, Haiderpur Water Treatment Plant

10. Training Team of DJB

11. DDO Cornered/ Deputy Director (F&A)-III.

12. Office Order Register/ Office Copy.

Office Suptd. (Training)

Bym

S.E. (MAPPING-CELL)

Diary No. 1923

Date: 10 03 115

bb for

		Batch No. 3 09/03/2014 to 21/03/	2015
Days & Date	Scheduled Time	Method of Training	Subject
Day-1 09/03/2015	9.00 a.m. to 9.15 a.m.	the department of the second s	Registration
196	9.15 a.m. to 10,.00 a.m.		Prayer (4 Minutes) Lighting of lamp (3 Minutes) About the programme (7 minutes)
			Address By the Chief Guest (10 Minute Sh. B.M Dhaul, Member(Drainage) Vote of thanks (5 minutes) Sh. V.K. Rai Chief Security Officer,
			National Anthem (2 minutes)
	SESSION:-I 10.00 to 11.00.	Lecture & Activity.	Introduction / Ice-Breaking session
	1100 to 11.15		
	SESSION:-II 11.15 to 12.15	Lecture	Brief Background of DJB & Delhi Water Board ACT 1998. -Aim & Objective ,Organizational Set up, Function of DJB, -Constitution of the Board -Developing Citizen Charter
Day - 	Session No. 1 9.00 a.m. to 10.00	Physical	PT-I: 25 minutes Savadhan, Visharam and Salute & Break: 10 Minutes Drill: 25 minutes Turnout, wearing of Uniform Attention Stand at ease Turning, Marching (Slow & Quick) Salutes, Marching & Kadam Tall, Formations
	SESSION:-II 10.00 to 11.00	Lecture	-Role & Responsibilities of Security Personnel's in DJB
	1100 to 11.15 SESSION:-III 11.15 p.m. to 12.15 p.m.	Lecture	General Awareness about, -T.A. Rules, LTC Rules, Leave rules and advances, Pay and Allowance, Leave Rules, CCS Conduct Rule.



Day - 11/03/2015	SESSION:-I 9.00 to 10.00	Physical	PT-II & Drill
	SESSION:-II 10.00 to 11.00	Lecture	General Awareness about, -Special allowance for Child care for women with disabilities and education allowance for disabled children of govt. employees CGHS & Medical Attendance - Overtime benefits Advances
	1100 to 11.15		
	SESSION:-III 11.15 . to 12.15	Lecture	Continued General Awareness about, -Special allowance for Child care for women with disabilities and education allowance for disabled children of govt. employees CGHS & Medical Attendance - Overtime benefits Advances
Day-IV 12/03/2015	SESSION:-I 9.00 to 10.00	Physical	PT-III & Drill
12/03/2013	SESSION:-II 10.00 to 11.00	Lecture	Overview `on Disaster Management and various types of Disaster management.
P	11.00 to 11.15 Tea Break	and the colonic of the colonic deliverage and th	
140	SESSION:-III 11.15 to 12.15	Lecture & Demo	Overview ` on Disaster Management and various types of Disaster management.
Day-V 13/03/2015	SESSION :-I 9.00 to 10.00	Physical	PT-IV & Drill
	SESSION:-II 10.00 to 11.00	Lecture & Demo	First Aider First aid and its importance -Definition, Aims, Responsibilities -Golden Rules of First Aid Detail of Pulse, Respiration, Temperature -What First-Aider should be done during emergency? -Resuscitation techniques(BLS) -(CPR(Cardio Pulmonary Resuscitation) -Choking -Kit for First Aider. Mock Drill Casualty Transportation
	11.00 to 11.15 SESSION:-III	Lecture	Disaster Management
	11.15 to 12.15	& Demo	First Aider -Heart Attacks -Dressing and Bandages(All Body Parts)- Fractures -Spain and Strains(Soft Tissues Inquiries) - Treatment of Fractures General Rule



14/03/2015 11.00 to 11.15 11.00 to 11.15 SESSION :-II 10.00 to 11.15 SESSION :-II 11.00 to 11.15 SESSION :-II 11.15 to 12.15 Day-VII Day-VII Day-VII SESSION :-II 10.00 to 11.00 SESSION :-II 11.15 to 12.15 SESSION :-II 11.15 to 12.15 Day-VII Day-VII SESSION :-II 11.00 to 11.15 SESSION :-III 11.15 to 12.15				Individual Fractures of First Aid -Blood Circulation-Wounds -Shock-Burns and Scalds (Electricity Chemical, Cold etc.) -Poisons-Animal Bite (Snake, Dog Inspect, etc)
14/03/2015 11.00 to 11.15 SESSION :-II 10.00 to 11.10 Demo Dem	Day-VI	MA 10 1 25 25 27 27 27 27 27 27 27 27 27 27 27 27 27	Physical	The state of the s
SESSION :-II 10.00 to 11.00 SESSION :-II 10.00 to 11.00 SESSION :-II 11.00 to 11.15 SESSION :-III 11.15 to 12.15 Day-VII 9.00 am 10.00 SESSION :-II 10.00 to 11.15 SESSION :-II 11.00 to 11.15 Lecture 8 Demo Patrolling & Searching Searching Frisking and Relates issues -Industrial Security / Vital, -Installation Security, -Use of Hand Metal Detector- Parameter Security Physical Introduction Yoga -Jumping and Warming up(With Music) — 10 Minutes -Stretching Exercise -10 minutes Yoga (Asans) 30 minutes -Stratching Exercise -10 minutes Yoga (Asans) 30 minutes -Stratching Exercise -10 minutes Yoga (Asans) 30 minutes -Standing Asans Sitting Asans -Laying Asans -Aalom Vilom -Eye to eye contact -Surynamshkar Asans Relation time (with partner) and Chanting "OM" — 10 minutes SESSION :-II 10.00 to 11.15 Lecture -Meaning of Vigilance -Meaning of Security Personnel's -Role of Security Personnel's -Role of Security Personnel's -Role of Security Personnel's in Maintaining Vigilance -Yog / Exercise	14/03/2015	5		
10.00 to 11.00 Response to 10.00 Response to 10.0	1	AND ADDRESS OF THE PROPERTY OF		
SESSION:-III Lecture Searching Searching Searching Searching Frisking and Relates issues -Industrial Security Vital, -Installation Security,-Use of Hand Metal Detector-Parameter Security			&	-Control of crowd with rope and barricades, lathi Drill / Cane Drill Handling of Visitors: VIPS, Press, Customers Staff and their family, Emergency evacuation, Traffic
11.15 to 12.15 Beauting Searching Searching Searching Frisking and Relates issues -Industrial Security / Vital, -Installation Security,-Use of Hand Metal Detector-Parameter Security 16/03/2015 Day-VII SESSION : I 9.00 am 10.00 Day-VII 9.00 am 10.00 SESSION :-II 10.00 to 11.15 SESSION :-II 10.00 to 11.15 Day-VIII 11.15 to 12.15 Day-VIII SESSION :-II 10.00 to 11.00 Day-VIII 11.15 to 12.15 Day-VIII SESSION :-II 10.00 to 11.00 Day-VIII 11.15 to 12.15 Day-VIII SESSION :-II 10.00 to 11.00 SESSION :-II 10.00 to 11.00 to 11.00 Day-VIII SESSION :-II 10.00 to 11.00 SESSION :-II 10.00 to 11.00 to 11.0		11.00 to 11.15		ivianagement
16/03/2015 Physical Introduction Yoga -Jumping and Warming up (With Music) — 10 Minutes Stretching Exercise -10 minutes Yoga (Asans) 30 minutes -Standing Asans -Aalom Vilom -Eye to eye contact -Surynamshkar Asans Relation time (with partner) and Chanting "OM" — 10 minutes SESSION :-II 10.00 to 11.15 Lecture Pelationship Between Vigilance -Relationship Between Vigilance & Security personnel's -Role of Security Personnel's in Maintaining Vigilance Yog / Exercise 17/03/2015 SESSION : II Lecture 9.00 am 10.00 Relationship Between Vigilance & Security Personnel's in Maintaining Vigilance Yog / Exercise	2	1	&	Searching / Frisking and Relates issues -Industrial Security / Vital, -Installation Security,-Use of Hand Metal Detector-
9.00 am 10.00 Resulting As ans and Marming up (With Music) — 10 Minutes -Stretching Exercise -10 minutes -Yoga (Asans) 30 minutes -Standing Asans -Aalom Vilor -Eye to eye contact -Surynamshkar Asans Relation time (with partner) and Chanting "'OM" — 10 minutes SESSION:-II 10.00 to 11.15 Lecture Overview on Vigilance -Meaning of Vigilance -Need of Vigilance -Need of Vigilance -Need of Vigilance -Relationship Between Vigilance & Security personnel's -Role of Security Personnel's in Maintaining Vigilance 11.00 to 11.15 Day-VIII SESSION: I 9.00 am 10.00 Results Physical SESSION: III 17/03/2015	Day-VII	SESSION : I	The state of the s	
10.00 to 11.00 11.00 to 11.15 Tea Break SESSION:-III 11.15 to 12.15 Day-VIII SESSION: I 9.00 am 10.00 SESSION: III 10.00 to 11.00 SESSION: III Lecture Gillance Felationship Between Vigilance & Security personnel's Felia Fole of Security Personnel's in Maintaining Vigilance Yog / Exercise Yog / Exercise	16/03/2015	9.00 am 10.00	& Physical	-Jumping and Warming up (With Music) – 10 Minutes -Stretching Exercise -10 minutes Yoga (Asans) 30 minutes -Standing Asans-Sitting Asans -Laying Asans -Aalom Vilom -Eye to eye contact -Surynamshkar Asans Relation time (with partner) and
SESSION:-III 11.15 to 12.15 Lecture 11.15 to 12.15 Lecture 11.15 to 12.15 Pay-VIII SESSION: I 9.00 am 10.00 Physical Tea Break -Relationship Between Vigilance & Security personnel's -Role of Security Personnel's in Maintaining Vigilance Yog / Exercise		Lawrence assume	Lecture	-Meaning of Vigilance
11.15 to 12.15 Day-VIII SESSION: I 9.00 am 10.00 Physical PRelationship Between Vigilance & Security personnel's -Role of Security Personnel's in Maintaining Vigilance Yog / Exercise		11.00 to 11.15		
17/03/2015 Lecture 9.00 am 10.00 & Yog / Exercise Physical	3	Company of the Company of the Company	Lecture	Security personnel's -Role of Security Personnel's in
9.00 am 10.00 & Physical SESSION - II	Day-VIII	SESSION: I	lectura	The state of the s
SESSION :-II Lecture Communication 9 Sets Claim	17/03/2015		&	TUR / EXERCISE
I WAS STREET AS IN A PROPERTY OF THE PROPERTY		SESSION :-II	Lecture	Communication & Soft Skill



	10.00 to 11.00	& Video Film	Welcome; Treasure Hunt- find the clue & GTYK (getting to know yourself) and related activates.	
	11.00 to 11.15		related activates.	
	SESSION :-III	Lecture	Honour Your World (Integrity in	
-	11.15 to 12.15		Communication) & Open your work	
Day-IX	SESSION: I	Lecture &	(Transparency in communication.	
18/03/2015	9.00 am 10.00	Physical	Yog / exercise	
	SESSION :-II	Lecture	Communication Skills	
Of distance and a consistency of the constant	10.00 to 11.00		Verbal & Non Verbal Communication and	
	11.00 to 11.15		Appearance	
	SESSION :-III	Lecture	7 1 1	
	11.15 to 12.15	& exercise	Body Language & Personal & Personal Space, Etiquettes and Grooming Effecting Listening	
Day-X	SESSION: I	Lecture &	Yog / exercise	
19/03/2015		Physical	Tog / exercise	
-	SESSION :-II	Lecture	Happy life	
	10.00 to 11.00		Be your own Doctor	
	11.00 to 11.15		be your own Doctor	
The state of the s	SESSION :-III	Lecture	In the second se	
	11.15 to 12.15	DU 0 5 641 C	Personnel Management & Reflections, Sexual Harassment on workplace.	
Day-XI	SESSION : I	Lecture &	Yog / exercise	
20/3/2015	9.00 am 10.00	Physical	rog / exercise	
	SESSION :-II	Lecture	Hooking David	
	10.00 to 11.00		Healthy & Wealthy	
	11.00 to 11.15	the applications are produced to the control of the		
	SESSION :-III	Lecture	Evoluation / F - N	
	11.15 to 12.15		Evaluation / Feedback on the programme.	
Day-XII	SESSION :-I	Lecture	Character	
21/03/2015	9.00 to 10.00		Stress Transformation	
	SESSION :-II	Lecture	Stress Transformation	
	10.00 -11.00		Stress transformation	
	11.00 to 11.15			
	SESSION :-III			
	11.15 to 12.15	Sh. Valedictory Session Dr. Jayadev Sarangi , IAS M(A) Sh. B.S. Jaglan, DANICS, Director (Vigilance) Sh. V.K.Rai Chief Security Officer.		

B. Som

TRAINING TEAM

- 1. Sh. V.K. Rai, Chief Security Officer
- 2. Sh. P.L. Meena, Dy. Chief Security Officer
- 3. Sh. Chander Shekhar, Dy. Chief Security Officer
- 4. Sh. Bharat Bhushan, Training Coordinator