

GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI  
DIRECTORATE OF EDUCATION: PHYSICAL EDUCATION BRANCH  
CHHATRASAL STADIUM: MODEL TOWN: DELHI – 110009

No. F.42/DE/PE/2020/ 2519-68

Date:- 24/11/2020

**CIRCULAR**

**Subject:-Fit India Thematic Campaign- फिटनेस का डोज़ आधा-घंटा रोज-Reg.**

Ref. to D.O.No. 12-1/2020-15,4(E) dated 4.11.2020 Department of Sports, Ministry of Youth Affairs and Sports has planned a series of activities and campaign under the aegis of **Fit India Movement** to promote fitness across the country in the month of December-2020.

Hence forth, the second edition of the Fit India School Week will be celebrated in the month of December 2020 that includes thematic campaign **फिटनेस का डोज़ आधा-घंटा रोज** with an aim to create awareness and disseminate the message of Fit India Movement. Schools are advised to organize **Fit India School Week, Fit India Quiz, Fit India Prabhat Pheri, Fit India Cyclothon** with the support of **SMC Members** of their respective schools, following the Covid-19 protocols and participate in 'Fitness Assessment' through **Fit India App**.

The proposed **activities under Fit India School Week** are annexed as **Annexure-1** The action taken report (ATR) of the activities may be sent to the Govt. of India, Ministry of Education, Department of School Education and Literacy, Shastri Bhawan, New Delhi, through the link given below:-

<https://docs.google.com/spreadsheets/d/1jxzhDHSE0k6jVI00kuZ5t4HAYSJ7HYWtwW7kWC1v1/edit#gid=0>

All DDE(District) are requested to support in reaching out to maximum number of students of their respective Schools.

This issue with the prior concurrence of Competent Authority .

*Pushpa Ratnam*  
24/11/2020

PUSHPA RATNAM

Asstt. Director of Education (PE&NI)

Dated:-

No. F.42/DE/PE/2020/

Copy to:-

1. PS to Secretary(Education),Delhi.
2. PS to Director (Education),Delhi.
3. PA to Addl.DE (School/Exam).
4. All RDEs
5. DDEs (District/Zone) of DoE
6. All SPEs
7. Principals with the request to kindly ensure maximum participation.
8. ✓ OS (IT) with the request to upload the circular on website.

*Pushpa Ratnam*  
24/11/2020

PUSHPA RATNAM

Asstt. Director of Education (PE&NI)