

**GOVERNMENT OF NCT OF DELHI
DEPARTMENT OF FOOD SAFETY
8TH FLOOR, MAYUR BHAWAN,
CONNAUGHT PLACE, NEW DELHI-110001**

F. No. : F(Food Fortification)/NO/FS/2019

Date: 24/12/2019

OFFICE CIRCULAR

Subject: Implementation of Food Fortification in NCT of Delhi

It is well established that micronutrient malnutrition, resulting from deficiency of vitamins and minerals in the diet, affects all sections of our population and continues to be a major public health concern. It places a huge burden on the healthcare system and also poses a threat to the future economic growth of Nation.

Food Fortification has emerged as a proven, simple, scalable and cost-effective strategy to improve the nutrition status of the population. It is complementary to dietary diversification and nutrient supplementation. The Food Safety and Standards Authority of India (FSSAI) has notified standards for six fortified staple foods viz. Atta, Maida, Rice, Vegetable Oil, Milk and Salt (Annexure-I).

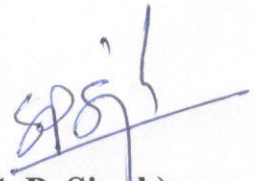
FSSAI has also provided State Food Fortification index in which NCT of Delhi having score of 7 points out of 20 points, which has to be taken in consideration and encouragement of Food Fortification has to be adopted in the state.

In view of the above, following plan of actions can be followed by concerned Designated Officer/Food Safety Officers to implement Food Fortification in all the districts of NCT of Delhi-

1. Encouragement of Manufacturers/Packers of Atta, Maida, Rice, Vegetable Oil, Milk and Salt for Food Fortification in the district;
2. Promotion of fortified food in Government funded programmes i.e. MDM, ICDS etc. on distribution of food in the district;
3. Organise awareness programs on fortified food in the district;
4. Conduct technical assistance program to small scale manufactures in the district through Food Fortification Resource Centre provided by FSSAI.

Concerned Designated Officers/Food Safety Officers are requested to follow the above said action plans to effectively implement the Food Fortification across the NCT of Delhi and inform the undersigned with the compiled report for further proceedings.

All the Dos are requested to prepare the list of Manufacturers/Packers of notified Staple Food in their respective districts and forward the same to the undersigned.



(S. P. Singh)

**DO/Nodal Officer (Food Fortification)
Govt. of NCT of Delhi**

Copy to:

1. Admin. Officer/HOO
2. PA to worthy Commissioner, Food Safety
3. All Designated Officer (Who may also send a copy to FSO of their district).

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