

**GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI  
DIRECTORATE OF EDUCATION: PHYSICAL EDUCATION BRANCH  
CHHATRASAL STADIUM: MODEL TOWN: DELHI – 110009**

No. F.42/DE/PE&NI/2019-20/2167

Dated: 19.06.2019

To

All HOS/Govt./Govt.Aided/Public Schools  
Directorate of Education  
Delhi/New Delhi

**Subject:-Celebration of "International Day of Yoga" on 21<sup>st</sup> June 2019.**

**Sir/Madam,**

As you are aware ,5<sup>th</sup> International Day of Yoga will be celebrated on 21<sup>st</sup> June 2019. The Ministry of Ayush, Govt.of India has to take forward the momentum created by previous yoga day celebration with greater vigor and active participation of student during the celebration of this year also. So, the international day of yoga is being celebrated in Chhatrasal Stadium where forty students from each district of Directorate of Education are participating. These schools are directed to ensure that the yoga mat which will be given to the participants are to be collected by the concerned teachers and will be entered in stock register, to be used by school in future. The main Programme would be mass yoga demonstration from **07.00 AM to 08.00 AM.**

The HOS of fifty four pilot schools where the workshop of **Music, Dance, Visual Arts, Theater and Lok Kala** are running and other desired school are also advised to involve the NSS Programme Officers/NCC Officers/PETs, Yoga Teachers/Coaches to celebrate **International Yoga Day on 21<sup>st</sup> June** in their schools/centers etc. voluntarily. They are further requested to send the report, photos and videos to the undersigned on the same day.

The website of common yoga protocol is given for your kind information.  
([www.yoga.ayush.gov.in](http://www.yoga.ayush.gov.in)).

*Romi Johri*  
(Romi johri) 19/06/2019

**Asst. Director of Education (PE&NI)**

**Copy forwarded to the following for information and necessary action:-**

1. PS to Secy. (Edn.)
2. PS to Director (Edn.)
3. All Addl. DEs
4. All Spl. DEs
5. All RDEs
6. All DDEs/DDE zone
7. All SPEs
8. All HOS, All Coaches, Programme Officers and ANOs Officers.
9. PS to Secy. (Edn.)
10. PS to Director (Edn.)
11. OS (IT) with the request to place the order on website.

*Romi Johri*  
(Romi johri) 19/06/19

**Asst. Director of Education (PE&NI)**