

**GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI**  
**DIRECTORATE OF EDUCATION: PHYSICAL EDUCATION BRANCH**  
**CHHATRASAL STADIUM: MODEL TOWN: DELHI - 110009**

No. F.42/DE/PE/2018/ 9662-9711

Dated: 25-10-18

To,

All The District Deputy Director of Education,  
Directorate of Education,  
Govt. of NCT of Delhi  
Delhi/New Delhi

**Subject: Schedule of Inter Zonal Yoga Competition 2018-19**

Respected Sir/Madam,

Like previous years, Inter Zonal Yoga Competitions will be held in three categories i.e. Senior, Junior and Sub Juniors (Separately for Boys and Girls). The Inter Zonal Yoga Competitions of Individual, Rhythmic, Artistic and Group will be started from 15<sup>th</sup> Nov. 2018. It is therefore requested to all DDEs/Zonal SPEs/Zonal Conveners to forward the names of Zonal winners to the undersigned by 30<sup>th</sup> Oct. 2018 positively.

For group competition the first team of the zone, for Individual first three winners of the zone will participate and for Rhythmic and Artistic Competitions only zonal winner will participate in Inter Zonal Yoga competition. The concerned Yoga Teacher/coaches are directed to reach with participants at Chhatrasal Stadium, Model Town, Delhi-110009 at 8.00 am. The time of Group Yoga Competitions district wise is mentioned below. The schedule of competition is as under:-

S.NO.	DATE	EVENTS	GROUP
1.	15.11.2018	Preliminary round for Boys	ALL GROUPS
2.	16.11.2018	Preliminary round for Girls	----do-----
3.	17.11.2018	individual	Senior Girls
4.	19.11.2018	individual	Junior Girls
5.	20.11.2018	individual	Sub Junior Girls
6.	22.11.2018	individual	Senior Boys
7.	24.11.2018	individual	Junior Boys
8.	26.11.2018	individual	Sub Junior Boys
9.	27.11.2018	Girls Rhythmic and Boys Artistic	-
10.	28.11.2018	Boys Rhythmic and Girls Artistic	-
11.	29.11.2018	Senior Boys Group	*8:30 AM Distt. North,North-west-A,North-west-B,Central/New Delhi *11:00 AM Distt. East, North-East,West-A,West-B,South-West-A, South-West B,South,South-East
12.	30.11.2018	Junior Boys Group	-Do-
13.	01.12.2018	Sub junior Group	-Do-
14.	03.12.2018	Senior Girls Group	-Do-
15.	04.12.2018	Junior Girls Group	-Do-
16.	05.12.2018	Sub junior Group	-Do-

Note:-

1. SGFI Rules will be followed for all above competitions.
2. Each Zone must participate in above all competition.
3. It is compulsory for all participants to bring their identity card.
4. The entries must be sent in prescribed performa (attached)
5. In Rhythmic Competition the participant will bring their own music system, adjusted with time.
6. In individual competition maximum three entries from each zone are allowed.
7. The participant must report at 8.00 am for taking his/her place (draw)
8. SGFI rules already forwarded.

*Asha Bansal*  
17-10-18  
**(ASHA BANSAL)**  
ADE (PE&NI)

No. F.42/DE/PE/2018/

Dated:

Copy to:-

1. All Spl. DEs
2. All Addl. DEs
3. All RDEs
4. All DDEs
5. All ADEs
6. All SPEs
7. All HOSs
8. PS To Secy. (Edn.)
9. PS to Director ( Edn.)
10. OS (IT) with the request to place the circular on website.

*Asha Bansal*  
17-10-18  
**(ASHA BANSAL)**  
ADE (PE&NI)

**ENTRY PERFORMA**  
**(YOGA COMPETITION)**

Group : Senior/Junior/Sub Junior

Category : Boys/Girls

Name of Zone : .....

.....

<b>Individual Competitions</b>					
S.NO.	NAME OF STUDENT	FATHER'S NAME	CLASS	D.O.B.	ID. NO.
1					
2					
3					
<b>Rhythmic Competitions</b>					
S.NO.	NAME OF STUDENT	FATHER'S NAME	CLASS	D.O.B.	ID. NO.
1					
<b>Artistic Competition</b>					
1					
<b>Group</b>					
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

Signature of Coach/Teacher

Signature of Convener/Secretary

Signature of SPE (Zone)

*A. B. Banerjee*  
17-10-18