

GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI
DIRECTORATE OF EDUCATION: SPORTS BRANCH
CHHATRASAL STADIUM: MODEL TOWN: DELHI-110009

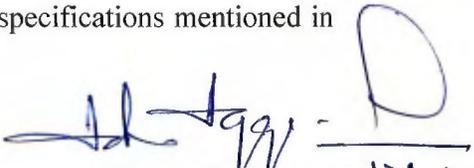
No. DE – 41/Sports/2018/ 6170-6229

Dated- 12/9/18

CIRCULAR

Sub: - National School Athletics events and specification.

Please find enclosed herewith a circular containing detail about the National School Athletics Events and Specifications. Henceforth, all the Athletics events be it Zonal, Inter-Zonal, School Nationals by SGFI etc. would be held as per the specifications mentioned in the attached circular.


(ASHA AGGARWAL) 12/9/18
Deputy Director of Education (Sports)

Copy forwarded to:-

1. All Spl. DEs
2. All Addl. DEs
3. All RDEs
4. All DDEs
5. All ADEs
6. All EOs
7. All SPEs
8. All HOSs
9. PS to Secy. (Edn.)
10. PS to Director (Edn.)
11. OS (IT) with the request to place the circular on website.



School Games Federation of India

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Recognised by-Ministry of Youth Affairs & Sports, Govt. of India

Affiliated With International School Sports Federation,

Asian School Sports Federation, Asian School Football Federation

No. S.G.F.I. /0673/18-19

Agra, dated: 07.09.2018

All Affiliated Units

School Games Federation of India

NATIONAL SCHOOL ATHLETICS EVENTS AND SPECIFICATION

BOYS U-19			GIRLS U-19		BOYS U-17		GIRLS U-17		B/G U-14	
Sr.	Event	Specific								
1.	100m	-	100m	-	100m	-	100m	-	100m	
2.	200m	-	200m	-	200m	-	200m	-	200m	
3.	400m	-	400m	-	400m	-	400m	-	400m	
4.	800m	-	800m	-	800m	-	800m	-	600m	
5.	1500m	-	1500m	-	1500m	-	1500m	-	80m Hurdles	76.2 cm
6.	3000m	-	3000m	-	3000m	-	3000m	-	Long Jump	
7.	110m Hurdles	0.914m	100m Hurdles	0.762m	110m Hurdles	0.914m	100m Hurdles	0.762m	High Jump	
8.	400m Hurdles	0.838m	400m Hurdles	0.762m	400m Hurdles	0.838m	400m Hurdles	0.762m	Shot Put	4.000 kg Boys
9.	High Jump	-	Shot Put	3.000 kg Girls						
10.	Long Jump	-	Discuss Throw	1.000 kg						
11.	Triple Jump	-	4x100m Rly.							
12.	Pole Vault	-								
13.	Shot Put	5.000 kg	Shot Put	3.000 kg	Shot Put	5.000 kg	Shot Put	3.000 kg		
14.	Discuss Throw	1.500 kg	Discuss Throw	1.000 kg	Discuss Throw	1.500 kg	Discuss Throw	1.000 kg		
15.	Hammer Throw	5.000 kg	Hammer Throw	3.000 kg	Hammer Throw	5.000 kg	Hammer Throw	3.000 kg		
16.	Javelin Throw	700 gram	Javelin Throw	500 gram	Javelin Throw	700 gram	Javelin Throw	500 gram		
17.	4x100m Rly.	-								
18.	4x400m Rly.	-	4x400m Rly.	-	5000m Walk	-	3000m Walk	-		
19.	5000m Walk	-	3000m Walk	-						
20.	Cross Country	6.0 km	Cross Country	4.0 km						

(Dr. Rajesh Mishra)

Secretary General/CEO

School Games Federation of India

