

GOVT. OF NCT OF DELHI
OFFICE OF THE SPL.DIRECTOR OF EDUCATION
DIRECTORATE OF EDUCATION: OLD PATRACHAR BUILDING
LUCKNOW ROAD, TIMARPUR, DELHI-110054.

No. SPL.DE (HQ)/VIP/2015/ 5079

Dated:- 4/11/2015

CIRCULAR

Sub: Regarding invitation to grace the inaugural function of Perfect Health Mela 2015 on 4th November 2015 at Talkatora Indoor Stadium New Delhi at 9 AM.

Please find enclosed herewith a copy of letter (invitation) dated 29.10.2015 received from Dr. K.K. Aggarwal, President, Perfect Health Mela, 2015 regarding 22nd MTNL, Perfect Health Mela, 2015 on 4th to 8th November, 2015 at 8 AM to 8 PM at Talkatora Indoor Stadium, New Delhi.

All DDEs are requested to circulate this circular to Principals, concerned schools for further necessary action.

Encl. As above.

To,

All Concerned DDEs
Directorate of Education.

Yours faithfully,



(SUNIL GARG)

Office Superintendent (HQ)

No.SPL.DE (HQ)/VIP/2015/ 5079

Copy to:-

1. P.S. to Director (Education) for information please.
2. O.S. (IT) with the request to paste this letter on Website.

Dated:- 4/11/2015



(SUNIL GARG)

Office Superintendent (HQ)



(National Postal Commemorative Stamps)

22nd



MTNL Perfect Health Mela 2015

Date & Venue

4th – 8th November, 2015

8 AM – 8 PM

Talkatora Indoor Stadium, New Delhi

Free Entry



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DDE (HQ)

29th October 2015



Jointly Organized by

Heart Care Foundation of India &
New Delhi Municipal Council
In association with Indian Medical Association

President

Dr K K Aggarwal

Padma Shri, National Science Communication &
Dr B C Roy National Awardee

Mailing Address

E-215, East of Kailash
New Delhi - 110 065
Telefax: 011-41038430, 9350072209
E-mail: hcfi.1986@gmail.com
www.heartcarefoundation.org
www.perfecthealthmela.com

All Donations are exempt under section 80G,
IT Act (1961)
FCRA Reg. No. 231650979

Dear

Sub: Invitation to grace the inaugural function of Perfect Health Mela 2015 on 4th November 2015 at Talkatora Indoor Stadium New Delhi at 9am,

We are glad to inform you that this year too, 22nd Perfect Health Mela is being held from 4th-8th November 2015 in Talkatora Stadium New Delhi. The Perfect Health Mela is jointly organised by Heart care Foundation of India (HCFI), New Delhi Municipal Council (NDMC), H&FW department GNCT Delhi and Indian Medical Association (IMA).

Various Government of Delhi and Central Departments have been participating in the Mela every year to showcase their achievements and educating public on various welfare measures being undertaken by them. These departments spread awareness through Nukkad natak, Magic shows, Folk music, Dances and other events at the Mela ground and central stage.

Besides Free services are offered to general public during the Mela and which is enclosed as annexure.

On behalf of Organizing Committee, I take this opportunity to request you to grace the inaugural function of the Perfect Health Mela on Wednesday the 4th November 2015 at 9.00 am at the Mela venue as a guest of honor.

An early confirmation will be highly appreciated.

With regards,
Yours Sincerely,

Handwritten signature of Dr KK Aggarwal

(Prof.) Dr KK Aggarwal, Gold Medallist
Recipient of Padma Shri, Vishwa Hindi Samman,
National Science Communication Award &
Dr B C Roy National Award, Limca Book of Record Holder
President, Heart Care Foundation of India,
Honorary Secretary General, IMA
Ph: 9811090206

Smt. Padmini Singla
Director (Edn.)
Old Secretariat civil lines;
New Delhi – 110 054

9351/Adl/Dept
2/11/15

SM
4/11/15
Mrs. Neelam



Perfect Health Mela 2015 Activity List

1. Free health checkups, free education through exhibition and lectures, workshops, competitions etc. on health themes.
 - a. Free health checkups will include free BP, Ht. Wt. BMI, ECG, ECHO, General consultation by allopathic doctors, Homeopathic doctors, Ayurveda doctors and free blood tests etc.
2. IEC activities
3. **Four Days School health education Festival (4th-7th Nov.2015)** .It will have participation by over 5000 **school children** who would compete in various interschool competitions, Besides , there will be workshops on health issues for school teachers and three School Health Cultural Festivals (Harmony, Eco Fest and Anmol) Will be choreographed by students themselves.
4. **Three Day Youth Festival (6-8th Nov.2015)** It will have workshops, competitions, lectures, cultural programs like fashion shows, singing, choreography etc involving students from various colleges, universities , professional colleges and other youth, organisations etc. More than 5000 youth are expected to take part in these events spread over 3 days. The events are named as Divya Jyoti Health festival, Medico Masti Health Festival and Heritage Festival.
5. Daily CMEs are conducted for medical practitioners from allopathy and AYUSH.
6. Daily entertainment programs like musical programs by Art & Culture Academies, Nukkad Nataks, Magic shows etc. Focussed on health issues
7. **Training of common masses on CPR10-How to revive a person from sudden cardiac death.** HCFI will train upto 10000 members of common masses over 5 days period. The training will involve learning in the hand only hand on CPR10 using dummy manikins. It will be one to one training to be conducted in the batches during the Mela.