

GOVT. OF NCT OF DELHI
OFFICE OF THE SPL.DIRECTOR OF EDUCATION
DIRECTORATE OF EDUCATION: OLD PATRACHAR BUILDING
LUCKNOW ROAD, TIMARPUR, DELHI-110054.

No. SPL.DE (HQ)/VIP/2015/4409

Dated:- 22/9/2015

CIRCULAR

Sub: Regarding Request for Participation in 22nd MTNL Perfect Health Mela- 2015 at Talkatora Indoor Stadium, New Delhi from 4th - 8th November, 2015.

Please find enclosed herewith a copy of letter dated 08.09.2015 received from Dr. K.K. Aggarwal, President, Perfect Health Mela, 2015 regarding 22nd MTNL, Perfect Health Mela, 2015 on 4th to 8th November, 2015 at 8 AM to 8 PM at Talkatora Indoor Stadium, New Delhi.

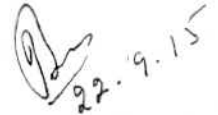
All DDEs are requested to circulate this circular to Principals, concerned schools for further necessary action.

Encl. As above.

To,

All Concerned DDEs
Directorate of Education.

Yours faithfully,



(INDIRA RANI BHATIA)
Office Superintendent (HQ)

No.SPL.DE (HQ)/VIP/2015/ 4409

Copy to:-

1. P.S. to Director (Education) for information please.
2. O.S. (IT) with the request to paste this letter on Website.

Dated:- 22/9/2015



(INDIRA RANI BHATIA)
Office Superintendent (HQ)



(National Postal Commemorative Stamps)

22nd



MTNL Perfect Health Mela 2015

Date & Venue

4th – 8th November, 2015
8 AM – 8 PM
Talkatora Indoor Stadium, New Delhi

Free Entry

The Director (Edn.) Delhi Govt
Directorate of Education
RTI Cell, (Room No. 220),
Old Secretariat, Delhi-110054
Phone: 23890172,363
Email: diredu@nic.in

Sub: Participation in 22nd Perfect Health Mela-2015 at Talkatora Indoor Stadium New Delhi from 4th-8th November 2015

Dear Sir

This is in continuation to our earlier letter dated 19th June 2015 (copy attached) wherein we had requested your department to take part in this year's Perfect Health Mela venue Talkatora Indoor Stadium New Delhi 4-8th Nov 2015.

Sir, we have yet to receive confirmation about your department's participation.

An early confirmation will be highly appreciated. For your kind information.

The hiring cost of fully build up modern stall of size 2x2 mts for the entire duration of the mela has been Rs. 30000/- for the last two years. This year also the hiring charges will remain the same at Rs. 30000/-.

Dr K K Aggarwal
Padmashri, National Science Communication and
Dr B C Roy National Awardee
President Perfect Health Mela 2015
Hony Secretary General Indian Medical Association
Ph 9811090206

Encl: Letter dated 19th June 2015



Mela is managed by HQ. B.

8th Sep 2015

DDG (CCH)

18/9

PS to DE/HQ (R8)

AD L DE CCH
17/9/15



Jointly Organized by

Heart Care Foundation of India &
New Delhi Municipal Council
In association with Indian Medical Association

President

Dr K K Aggarwal

Padma Shri, National Science Communication &
Dr B C Roy National Awardee

Mailing Address

E-215, East of Kailash
New Delhi - 110 065
Telefax: 011-41038430, 9350072209
E-mail: hcfi.1986@gmail.com

www.heartcarefoundation.org
www.perfecthealthmela.com

All Donations are exempt under section 80C,
IT Act (1961)
FCRA Reg. No. 231650979

19/09/15 / Ad L DE CCH
18/9/15
2401/Spl DE (HQ)
22/9/2015



(National Postal Commemorative Stamps)

22nd



MTNL Perfect Health Mela 2015

Date & Venue

4th – 8th November, 2015

8 AM – 8 PM

Talkatora Indoor Stadium, New Delhi

Free Entry

The Director
Directorate of Education
Govt of NCT Delhi
Old Secretariat, Delhi- 110054
Phone: 23890172,363
Email: diredu@nic.in

**Sub: Request for participation in Perfect Health Mela-2015
from 4th-8th November 2015**

Sir,

Heart Care Foundation of India (HCFI) - a not for profit NGO, has pioneered many low cost evidence based preventive health models since 1986. The Govt. of India has acknowledged the efforts of the HCFI by releasing two HCFI National Commemorative Postal Stamps and one HCFI Cancellation Postal stamp

In the HCFI, we have a mission to make health education simple and enjoyable mixed with infotainment. A mega community health event called Perfect Health Mela has become an annual feature since 1993. In this we create a Mela situation mixed with fun, entertainment, cultural events, traditional dances, folk music and theatre etc. Average footfall during the mela has been around 2 lacs people from all walks of life. The Mela has traditionally been inaugurated by Hon'ble CM of Delhi.

This year too, 22nd Perfect Health Mela is being organised jointly by Heart care Foundation of India (HCFI) and New Delhi Municipal Council (NDMC) from 4th-8th November 2015 in Talkatora Stadium New Delhi.

The Government of Delhi has been participating in the Mela every year. Various departments put up their stalls showcasing their achievements and educating public on various welfare measures being undertaken by the Delhi Government. In addition, the departments spread awareness through Nukkad Nataks, Magic shows, Folk music, Dances and other events at the Mela ground and central stage.



19th June 2015



Jointly Organized by

Heart Care Foundation of India &
New Delhi Municipal Council
In association with Indian Medical Assoc

President

Dr K K Aggarwal

Padma Shri, National Science Communicator
Dr B C Roy National Awardee

Mailing Address

E-215, East of Kailash
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www.heartcarefoundation.org
www.perfecthealthmela.com

All Donations are exempt under section
IT Act (1961)
FCRA Reg. No. 231650979

The participating departments from GNCTD have been namely Departments of Health & Family Welfare (AYUSH, Drug Controller, Food Safety, various Hospitals, Medical Colleges, Nursing Colleges/Schools, National Health Programmes, CATS, Delhi State AIDS Society, Delhi State Health Mission), Education Department (School Education and College Education), Department of Technical Education, Information and Publicity, Environment and Forest, Art and Languages , Department of Trade and Taxes, Disaster Management Authority, Transport Department, Department of Art ,Language and Culture(All Academies), Rural Development ,DTC, DFC, and other autonomies bodies.

The hiring cost of one fully built up modern stall of size 2x2 mts for the entire duration of Mela; has been Rs 30000/- for the last two years. This year also, the hiring charges will remain at Rs 30,000/-.The Mela provides lunch to 2 persons per stall from the govt departments at no cost to them.

Free services offered to general public during the Mela are annexed along with.

We request you to participate in the Mela by showcasing /holding exhibition various public interest activities being undertaken in the Exhibition Area Stalls Area Stalls.

Under your instructions, many Delhi govt schools has been sending their children on Health picnic to the health meals in the past and also for taking part in interschool competitions that are held on first and 2nd day of mela each year.

This year also we hereby would request you to issue instructions to the schools under your jurisdiction to:

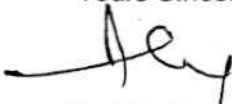
- i. Take part in various interschool competitions to be held under the aegis of Harmony School Festival on 4th Nov.(8am-1pm) and Ecofest School Festival on 5th Nov. same time. Details about competitions are attached for your kind perusal:
- ii. To send their children on any one of mela days from 4-8th Nov for school picnic. All the students and staff who would come for picnic will be provided free health checkups.

Our team can be contacted for any assistance in making the plan (Dr Kakroo Mobile 9810301261 Email: hcfi1986@gmail.com)

An early confirmation will be highly appreciated.

With regards,

Yours Sincerely,



Dr K K Aggarwal
Padmashri Awardee, National Science Communication
& Dr B C Roy National Awardee
President, PHM 2015
~~Hony Secretary General, Indian Medical Association (IMA)~~
Ph: 9811090206

Perfect Health Mela 2015 Activity List

1. Free health checkups, free education through exhibition and lectures, workshops, competitions etc. on health themes.
 - a. Free health checkups will include free BP, Ht. Wt. BMI, ECG, ECHO, General consultation by allopathic doctors, Homeopathic doctors, Ayurveda doctors and free blood tests etc.
2. IEC activities
3. **Two Days School health education Festival (4th-5th Nov.2015)** .It will have participation by over 5000 school children who would compete in various interschool competitions, Besides , there will be workshops on health issues for school teachers and three School Health Cultural Festivals (Harmony, Eco Fest and Anmol) Will be choreographed by students themselves.
4. **Three Day Youth Festival (6-8th Nov.2015)** It will have workshops, competitions, lectures, cultural programs like fashion shows, singing, choreography etc involving students from various colleges, universities , professional colleges and other youth, organisations etc. More than 5000 youth are expected to take part in these events spread over 3 days. The events are named as Divya Jyoti Health festival, Medico Masti Health Festival and Heritage Festival.
5. Daily CMEs are conducted for medical practitioners from allopathy and AYUSH .
6. Daily entertainment programs like musical programs by Art & Culture Academies, Nukkad Nataks , Magic shows etc. Focussed on health issues
7. **Training of common masses on CPR10-How to revive a person from sudden cardiac death.** HCFI will train upto 10000 members of common masses over 5 days period . The training will involve learning in the hand only hand on CPR10 using dummy manikins. It will be one to one training to be conducted in the batches during the Mela.