

GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI  
DIRECTORATE OF EDUCATION: SPORTS BRANCH  
CHHATARSAL STADIUM: MODEL TOWN: DELHI-110009

No. DE 41/Sports/NSG/2015/7558-7607

Dated: - 21<sup>st</sup> September, 2015

To

The All Head of Schools  
Directorate of Education,  
GNCT of Delhi  
Delhi / New Delhi

Sub:-Regarding Technical Rules / Weight category /Age Groups for 61<sup>st</sup> National School Games 2015-16.

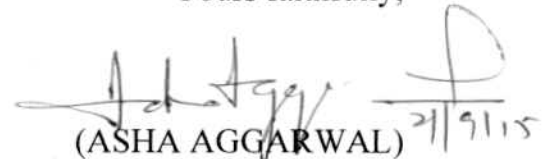
Sir / Madam,

Kindly find enclosed herewith a letter no. SGFI /0200/15-16 dated 19-9-2015 received from School Games Federation of India regarding weight categories & technical rules in respect of Tug of War, Wrestling, Kurash and Karate for participation in the 61<sup>st</sup> National School Games, 2015-16.

Delhi School teams will participate in the 61<sup>st</sup> National School Games 2015-16 under these new guidelines issued by the School Games Federation of India

All the concerned Head of Schools are requested to bring this information into the knowledge of all the students and Coaches / PETs.

Yours faithfully,

  
(ASHA AGGARWAL)

Deputy Director of Education (Sports)

Copy to:

1. All Addl. DEs
2. All RDEs
3. All DDEs
4. All ADEs
5. All EOs
6. All SPEs
7. P.S to Secy. (Education).
8. P.S to Director (Education)
9. OS (IT) with the request to place the letter on website.



INDIA

# School Games Federation of India



Recognised by-Ministry of Youth Affairs &amp; Sports, Govt. of India

Member International School Sports Federation, Asian School Sports Federation, Asian School Football Federation

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No. S.G.F.I./0200/ 15-16

Agra, dated: 19-09-2015

To,

**All Affiliated Units**  
School Games Federation of India

**Sub:** - Regarding the Technical Rules and weight category & new age Group in 61<sup>st</sup> National School Games 2015-16

Dear Sir/Madam,

The decisions for new games and weight category about various discipline taken in the General Council Meeting of School Games Federation of India held on 9<sup>th</sup> & 10<sup>th</sup> June 2015 at LNIPE Guwahati Assam are given as under -

**01. Tug-of-War**

Weight categories of U-17 Boys &amp; Girls

**Boys U - 17 Yrs** 480 Kilo (Eight Players total weight not exceeding)**Girls U - 17 Yrs** 400 Kilo (Eight Players total weight not exceeding)

Weight Category of U - 19 Boys &amp; Girls

**Boys U - 19 Yrs** 560 Kilo (Eight Players total weight not exceeding)**Girls U - 19 Yrs** 440 Kilo (Eight Players total weight not exceeding)

Therefore all players must wear DRM Boot shoes with proper kits (Kit Track Suit, T-Shirt, Shorts, Stocking # used in football # and DRM army Boot) Each Team will consists of 8 regular player and 1 extra player and one coach and one manager total 11 sportspersons

**02. Wrestling U - 17 Yrs Girls (Free Style)****Girls** - -38, -40, 43, -46, -49, -52, -56, -60, -65 & -70.**03. Kurash U -19 Yrs Boys & Girls****Boys:** - -45, -50, -55, -60, -66, -73, -81, +81**Girls:** - -40, -44, -48, -52, -57, -63, -70, +70**04 KARATE****U-14 Boys** :- -20, -25, -30, -35, -40, -45, -50, -55, -60, +60.**U-14 Girls** :- -18, -22, -24, -26, -30, -34, -38, -42, -46, -50, +50.**U-17 BOYS** :- -35, -40, -45, -50, -55, -60, -65, -70, +70.**U-17 GIRLS** :- -32, -36, -40, -44, -48, -52, -56, -60, +60.  
(Dr. Rajesh Mishra)

Secretary General

School Games Federation of India

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