GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI DIRECTORATE OF EDUCATION: SCHOOL BRANCH OLD SECRETARIAT: DELHI-110054.

No. DE.23 (386)/Sch.Br./2015/1385

Dated: 15-09-2015

Circular

Sub: Advisory for Dengue for School Students.

As you are aware that dengue is more prevalent in September, October and November. This year too there is a surge in the Dengue cases in Delhi which according to health experts is likely to peak in October; therefore, it is mandatory that the students arrive in the school fully covered. They are advised to wear Full Sleeves Shirt/Kurta, Trouser / Salwar, Full Legging / Socks & Shoes.

All Heads of Govt., Govt. Aided, Unaided Recognized, Delhi Cantonment Board, NDMC and MCD Schools are directed to take necessary preventive measures for Dengue. All the students should be allowed to wear **any Full Sleeves Clothes to cover their body** to save themselves from Mosquitoes bites in case they do not have uniform which covers their bodies completely.

This is in continuation to our circular No. DE.23 (386)/Sch.Br./2015/868 dated 03-07-2015 regarding guidelines for control of Dengue "Do's and Don'ts" (Copy enclosed), it is once again reiterated for all Heads of Schools to observe the guidelines and create awareness among the students and staff during the assembly.

Further, Directorate of Health Services, Govt. of NCT of Delhi had also forwarded an advisory about symptoms and its treatment for prevention and control of Dengue (Copy enclosed).

The Nodal Teacher of School Health Scheme in case of Govt. Schools or any other teacher be designated as nodal teacher for ensuring that the advisory is complied with in true spirit under the guidance of HoS, in all schools in Delhi.

This issues with the prior approval of the competent authority.

(Dr. Sunita S Kaushik)

Dated: 15-09-2015

Addl. D E (School)

Encls.: As above

All Heads of Schools under DoE/ DCB /NDMC/MCD through DEL-E

No. DE.23 (386)/Sch.Br./2015/1385

Copy to:-

- 1. P.S. to Secretary (Education), Directorate of Education, GNCTD, Old Sectt., Delhi.
- 2. P.S. to Director (Education), Directorate of Education, GNCTD, Old Sectt. Delhi.
- 3. Addl. Director (PH), Directorate of Health Services, GNCTD, Karkardooma Delhi.
- 4. All RDs/DDEs (District/Zone)/DEOs for necessary action.
- 5. OS (IT) to place on the website.
- 6. Guard File.

(Usha Rani) DDE (Schools)

GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI. DIRECTORATE OF EDUCATION: SCHOOL BRANCH OLD SECRETARIAT: DELHI-110054.

No. DE.23 (386)/Sch.Br./Hepatitis/2015/ 869

Dated: 03/07/2015

CIRCULAR

Sub: Guidelines for Control of Dengue 'Do's and Don'ts.

As all are aware, during and after the rainy season, there is high The prevention is the best method to control the prevalence of Dengue. Dengue disease. In order to control and prevent the dengue outbreak, it is essential to avoid mosquito breeding in the school areas. The Do's and Don'ts on the above subject are hereby reiterated for the reference of HOSs/Teachers/Students. All Heads of Government/Government Aided/Recognized Unaided Schools are directed to display the following 'Do's and Don'ts at prominent places in the school premises, to bring the same to the notice of students/teachers/visitors. Further, during assembly, all students and teachers may please be sensitized on dengue outbreak and control measures of mosquito s' breeding in and around their houses.

Do's

- · Keep all the water containers/overhead tanks etc. properly covered.
- Dry all the desert coolers and containers in house, offices, factories, schools etc. once a week.
- Add two table-spoons of Petrol/kerosene oil in desert coolers, containers, uncovered/improperly covered tanks etc. If they can't be dried weekly.
- Use mosquito repellants on exposed parts during daytime to prevent mosquito bites.
- Wear full sleeved clothes and long dresses/trousers that cover arms and legs, especially during epidemic season to prevent mosquito bite.
- Use mesh doors/windows, mosquito coils, vapour mats etc. to keep mosquito away.
- Use bed nets even during day time especially for infants and small children.
- Protect dengue patients from mosquito bites by any of above methods.
- Weekly anti-larval measures in an around construction sites where there are water collections.
- Ensure that there is no water logging on the roof top, in the ground areas around the schools and there is no broken furniture in open space.

Contd. on next page/-

Don'ts

- . Don't let water to collect in and around houses, offices, schools, factories etc.
- Don't let broken earthenware, bottles, pots, flower vase etc. to collect out side or on roof tops.
- · Don't leave water in desert cooler when not in use.
- . Don't store water uncovered or in not properly covered containers/tanks.
- · Don't store tyres outside in workshops, godowns etc.
- · Don't give aspirin/brufen to patients with dengue fever.

This issues with the prior approval of Competent Authority.

(DR. (MRS.) SUNITA KAUSHIK)

ADDL. DIRECTOR OF EDUCATION (SCHOOL)

All HOSs of Govt.& Govt.Aided/Unaided recognized Schools through DEL-E

No. DE.23 (386)/Sch.Br./Hepatitis/2015/862

Dated: 03/07/2015

Copy to:-

- 1. PS to Secretary (Education)
- 2. PS to Director (Education)
- 3. All RDEs/DDEs (District/Zone)/DEOs.
- OS (IT) to please paste it on the website.
- 5. Guard File

(TAPESHWAR) DEO (SCHOOL)

Advisory for School Students for Dengue

Dengue

Dengue is a viral disease who spread in the family and community by the bites of Dengue mosquito – *Aedes aegypti*. This is also known as break bone fever and a self limiting disease.

Symptoms

- Abrupt onset of high fever
- · Severe frontal headache
- · Pain behind the eyes which worsens with eye movement
- · Muscle and joint pains
- Loss of sense of taste and appetite
- Measles-like rash over chest and upper limbs
- Nausea and vomiting

Treatment

There is no specific treatment available as such. Therefore symptomatic treatment and case management is only way.

- Don't be panicky as dengue is a self limiting disease.
- · Patient should be given lots of fluid and drinkables
- The patient should be advised to take rest under mosquito net, avoid movements and should take rest till the recovery phase is over (3-8 days)
- In any fever in the dengue season avoid taking Asprin (disprin) tablets. Paracetamol tablets are recommended for fever and body ache.
- Consult doctor and get proper diagnosis at the earliest for appropriate management.

Cause:

Dengue is transmitted through bite of infected female *Acdes aegypti* mosquito by four different types of viruses known as Den-1 Den-2 Den-3 Den-4.