



GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI.  
DIRECTORATE OF EDUCATION : SCHOOL BRANCH  
OLD SECRETARIAT : DELHI-110054.

No. DE.23 (386)/Sch.Br./14/ 239

Dated: 23-2-15

CIRCULAR

Sub: Regarding information about Seasonal Influenza including H1N1 in the country.

Please find enclosed the D.O.letter No.F. 68/PH/DHS/2012/76963 dated 13/02/2015 received from Director, Health Services regarding information about Seasonal Influenza including H1 N1.

All the Heads of Government, Govt. Aided & Unaided Recognized Schools are directed to display the message enclosed as Public Notice on the notice boards of the schools to enlighten the students regarding the symptoms and precautions to be taken in this illness. Children should be made aware about the Do's & DON'Ts with respect to H1 N1 during morning assembly also. They should be encouraged to practice personal hygiene. Lastly, children with flu symptoms should be advised to stay at home, until they get fully cured.

This issues with the prior approval of the competent authority.

Enc: As above

  
(USHA RANI)  
Assistant Director of Education  
(School Branch)

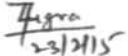
All HOSs of Govt., Govt. Aided & Unaided Recognized schools through MIS

No. DE.23 (386)/Sch.Br./14/ 239

Dated: 23-2-15

Copy to:-

1. PS to Secretary (Education)
2. PS to Director (Education)
3. All DDEs(District)/EOs
4. OS (IT) to please paste it on the website
5. Guard File

  
(TAPESHWAR)  
DE O(School)

डॉ. एस. के. शर्मा

निदेशक स्वास्थ्य सेवाएँ

Dr. S. K. Sharma  
DIRECTOR HEALTH SERVICES



राष्ट्रीय राजधानी क्षेत्र, दिल्ली सरकार  
निदेशालय, स्वास्थ्य सेवाएँ

GOVT. OF N.C.T. OF DELHI  
DIRECTORATE OF HEALTH SERVICES  
SWASTHYA SEWA NIDESHALAYA BHAWAN  
F-17, KARKARDOOMA, DELHI-110032  
E-mail : dirdhs@nic.in  
PHONE : 22309220, FAX : 22306396

D.O. No. F/68/PH/DHS/2012/7696

Dated: 13<sup>th</sup> feb '15

1794/DE  
13/2/15

ADDDE (School) on leave

ll. PL take n/a.  
13/2/15

Dear Ms. Singla

You are aware that there is a recent upsurge of Seasonal Influenza including H1N1 in the country. In order to curb the unnecessary panic as well as misconceptions in the general public regarding H1N1 (Swine Flu), you are requested to display the message provided in the form of Public Notice enclosed with this letter on the notice boards of each school under Directorate of Education, Delhi and message regarding H1N1 may also be conveyed during morning assembly by the Physical Education Teacher.

Your cooperation in this endeavour would help this Directorate to enlighten the students regarding this illness.

With Regards

Yours Sincerely

(Dr. S.K.Sharma)

ADE (Sch)

Rakesh

Put up pl

17/2/15



Smt. Padmini Singla  
Director,  
Directorate of Education,  
Old Secretariat  
Delhi-110054

213/ADE (School)  
17/2/15

## INFORMATION FOR PUBLIC

### SEASONAL INFLUENZA (FLU)

High grade fever, cough, cold, sore throat, breathlessness, bodyache, vomiting, diarrhoea, are common symptoms of SEASONAL INFLUENZA (FLU).

H1N1 is also a type of Seasonal Influenza (Flu) and is a self-limiting viral disease.

DO's	DON'Ts
<ul style="list-style-type: none"><li>• Cover your nose and mouth with disposable tissue or handkerchief while coughing or sneezing</li><li>• Regularly wash your hands with soap and water</li><li>• Avoid crowded places</li><li>• Stay more than one arm's length distance from persons sick with flu.</li><li>• Take adequate sleep and rest.</li><li>• Drink plenty of water/liquids and eat nutritious food.</li></ul>	<ul style="list-style-type: none"><li>• Touching eyes, nose or mouth with unwashed hands</li><li>• Hugging, kissing and shaking hands while greeting</li><li>• Spitting in public places</li><li>• Take medicines without consulting a physician.</li><li>• Excessive physical exercise</li><li>• Touch surfaces contaminated with Flu virus</li></ul>

Treatment facility for **Seasonal Influenza** including **H1N1** is available in following hospitals:

<ol style="list-style-type: none"><li>1. Lok Nayak Hospital, Delhi Gate</li><li>2. GTB Hospital, Dilshad Garden</li><li>3. Deen Dayal Upadhyay Hospital, Hari Nagar</li><li>4. Sanjay Gandhi Memorial Hospital, Mangolpuri</li><li>5. Lal Bahadur Shastri Hospital, Khichripur</li><li>6. Pt. Madan Mohan Malviya Hospital, Malviya Nagar</li><li>7. Baba Saheb Ambedkar Hospital, Rohini</li><li>8. Chacha Nehru Bal Chikitsalya, Geeta Colony</li><li>9. Bhagwan Mahavir Hospital, Pitampura</li><li>10. Maharishi Valmiki Hospital, Pooth Khurd</li><li>11. Babu Jagjivan Ram Memorial Hospital, Jahangirpuri</li><li>12. Aruna Asaf Ali Govt. Hospital, Civil Lines</li><li>13. Dr. Hedgewar Arogya Sansthan, Karkardooma</li></ol>	<ol style="list-style-type: none"><li>14. Safdarjung Hospital, Ansari Nagar (West)</li><li>15. Dr. RML Hospital, Baba Kharak Singh Marg</li><li>16. Sucheta Kriplani Hospital, Panchkuian Road.</li><li>17. Airport Health Organisation, Palam</li><li>18. Hindu Rao Hospital, Bara Hindu Rao</li><li>19. Indraprastha Apollo Hospital, Sarita Vihar</li><li>20. Moolchand Khairati Ram Hospital, Lajpat Nagar</li><li>21. Sir Ganga Ram Hospital, Rajender Nagar</li><li>22. St. Stephen's Hospital, Tis Hazari</li><li>23. Balaji Action Medical Institute, Paschim Vihar</li><li>24. Max Super Speciality Hospital, Saket</li><li>25. BLK Super Speciality Hospital, Pusa Road.</li><li>26. AIIMS, Ansari Nagar, New Delhi</li></ol>
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Treatment facility for **Seasonal Influenza** including **H1N1** is available in following laboratories:

<ol style="list-style-type: none"><li>1. NCDC, 22, Sham Nath Marg</li><li>2. Patel Chest Institute, Delhi University</li><li>3. AIIMS, Ansari Nagar New Delhi.</li><li>4. Dr Dang's Lab, Pvt. Ltd, Hauz Khas,</li><li>5. Dr. Lal's Pathlabs, Rohini</li></ol>	<ol style="list-style-type: none"><li>6. Super Religare Laboratory, Preet Vihar</li><li>7. Sequence Referral Laboratories, Janak Puri</li><li>8. Indraprastha Apollo Hospital, Sarita Vihar</li><li>9. Sir Ganga Ram Hospital, Rajender Nagar</li><li>10. Max Super Speciality Hospital, Saket</li></ol>
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*Issued in public Interest by:-*



Directorate of Health Services  
Government of NCT of Delhi  
F-17, Karkardooma, Delhi - 110032  
(DHS Control Room No: 22307145)  
(NCDC Out Break Monitoring Cell : 23921401)