

GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI  
DIRECTORATE OF EDUCATION: SPORTS BRANCH  
CHHATTARSAL STADIUM: MODEL TOWN: DELHI: 110009

No. DE.41/Sports/2014/211-261

Dated:- 4<sup>th</sup> April 2014.

CIRCULAR

**Sub: Guidelines for safe and smooth conduct of sports practices in the schools as well as Sports Complexes.**

Reference is invited towards this office circular dated 24<sup>th</sup> October 2013 whereby the guidelines were issued for safe and smooth organization of sports competitions / tournaments at various levels such as School, Zone and District besides at state and national level.

It has been observed that, besides the organization of sports activities, various sports practices are undertaken by the student players in schools as well as sports centres for participating in the tournaments at various levels. They use various sports equipments during these practice sessions. There is every possibility that incidents of participants' meeting with some untoward situation might occur. All the Heads of the schools; Incharges of the sports complexes and incharges of the sports equipments are required to undertake the following measures, before hand, to avoid any kind of injury or mis-happening during the conduct of the sports and games practices.

1. Any sports activity should be performed in the playground only in the presence of the sports coach / Physical Education Teacher / Post Graduate Teacher (Phy. Edn.) or any other qualified official, as the case may be.
2. Dangerous equipments like javelin, discuss, hammer, archery arrow, shot put etc. should not be left unattended. They are required to be kept under the lock & key of the incharge of sports equipments.
3. These equipments should be allowed for usage by the students only in the presence of Physical Education Teacher or concerned coach of that game.
4. Student players should be familiarized with the Rules and Regulations before starting the practices.
5. Student players should be familiarized with the consequences of any injury, if any, due to improper use of the sports equipments.
6. Proper protective measures should be taken at the time of usage of these equipments as well as other games like Gymnastics, Cricket, Boxing, Weightlifting, Baseball etc. Protective gears should also be used in case of Boxing, Cricket etc.
7. While using these sports equipments, it must be ensured that the playfield arena of these games is not used by any other student for any purposes.
8. Girl students should be imparted training, preferably, by female coaches or in presence of female physical education teacher.
9. Medical fitness is also required to be undertaken before any strenuous activity.
10. If any student feels uncomfortable with the behaviour / attitude of Physical Education Teacher / sports coach, then the matter should immediately be brought into the knowledge of higher authorities.

This issues with the prior approval of Director (Education).


(SARPAL)  
Addl. Director of Education (Sports)

No. DE.41/Sports/2014/

Dated:- 4<sup>th</sup> April 2014.

Copy to the following for information and necessary action to:-

1. All Addl. DEs
2. All RDEs
3. All District DDE's
4. All ADEs
5. All Eos
6. All SPEs
7. All HOS of Govt.; Govt. Aided and private recognized unaided schools (through DeE)
8. PS to Pr. Secy. (Edn.)
9. PS to Director of Education
- ✓ 10. OS (IT) with the request to place the circular on website.

  
(SAT PAL)  
Addl. Director of Education (Sports)