

GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI
DIRECTORATE OF EDUCATION: SPORTS BRANCH
CHHATRASAL STADIUM: MODEL TOWN: DELHI-110009

No.DE.41/Sports/2014 | 160-210

Dated: - 4th April, 2014

CIRCULAR

Sub.: Promotion of sports and games activities as well as cultural activities in the schools of Directorate of Education

For holistic development of students in school life as well as to maintain fitness, it is important for a student to participate actively in sports and cultural activities at school level. It not only helps them in maintaining agility and fitness but also develops many other qualities which are necessary for a student for his future life.

It has been the endeavor of the Directorate of Education to promote sports and games as well as cultural activities among school students. For this purpose, all the Heads of the Schools are directed to follow the instructions of the Directorate which have been circulated from time to time. The instructions regarding promotion of sports and games activities are being reiterated for compliance:

1. Each and every student of a school will compulsorily play and participate in, at least, one individual sports discipline at school level.
2. Each and every school will undertake at least two sports activities in team games; prepare them and participate compulsorily in zonal sports tournaments in all age groups (both boys and girls).
3. Each zone will compulsorily participate in Inter-zonal sports competitions in all age groups (both boys and girls).
4. Each and Every school Physical Education Teacher / Lecturer (Phy. Edn.) should be asked to get the simple fitness activities done by the students either after prayer or in zero period.
5. Students should be encouraged to do basic yoga exercises during school hours.
6. Each school having yoga teacher will compulsorily participate in zonal yoga competitions in all age groups (both boys and girls).
7. Laughter therapy should be promoted during intervening periods.
8. Each school having a swimming pool will prepare their teams for participation in aquatic events. One team of each swimming pool will compulsorily participate in Inter-zonal aquatics events in all age groups (both boys and girls).
9. Similarly, each school, having sports coaching centre, will prepare their teams and participate compulsorily in zonal sports tournaments.


10. Each and every school will compulsorily celebrate Annual Day as well as Annual Sports Day.
11. Each school having Music teacher will compulsorily make a choir of their school.
12. Each school should motivate its students to participate in cultural activities at school level; zonal level and so on.
13. Sports material must be made available in the school, as per the needs of the school students, by using the sports funds in the beginning of the academic session.
14. Each and every Head of School should ensure that the playfields are properly maintained; courts are properly marked and equipments are in good condition.
15. Each and every student should be allowed to use the sports ground of the school, under the guidance of Physical Education Teacher and Lecturer (Phy. Edn.) of the school.
16. Every possible safety measure should be taken while using sports equipments.
17. At least one teacher should accompany the students whenever they are allowed to participate in any activity outside school premises.
18. The Head of the school should not, normally, deny the female Physical Education Teacher to accompany Delhi state school girls' teams for participating in National School Games.

It is also expected from all the Heads of the schools that they will keep their sports grounds as well as sports materials well intact for their proper utilization.

All the Heads of the schools are directed to incorporate the above instructions in their calendar and send a status report every month to the undersigned through Supervisor (Phy. Edn.) of their zone.

All District DDEs/ EOs and Supervisors (Phy. Edn.) of the zones will monitor the above instructions and ensure their effective implementation.

This issues with the prior approval of Director (Education).


(SATPAL)
Addl. Director of Education (Sports)

Copy to the following for information and necessary action:

1. All Addl. Des
2. All RDEs
3. All DDEs
4. All ADEs
5. All Eos
6. All SPEs
7. All HoS
8. PS to Pr. Secy. (Edn.)
9. PS to Director (Edn.)
10. OS (IT) with the request to place the circular on website.