No. DE-41/2013/Sports/

Dated: 12.11.2013

To

The Heads of All Schools, Directorate of Education, Delhi / New Delhi

Sub:- Regarding Schedule for Inter Zonal Athletic Meet 2013-14 for under-14, 17& 19 years (Boys & Girls) and qualifying standard for 59th National School Games for Athletics.

Sir / Madam,

Please find enclosed herewith the Schedule for Inter Zonal Athletic Meet 2013-14 for under-14, 17& 19 years (Boys & Girls) and qualifying standard for 59th National School Games for Athletics 2013-14.

Yours faithfully,

(SATPAIL)

Additional Director of Education (Sports)

Copy forwarded to the:-

- 1. All RDE's
- 2. All District DDEs
- 3. All ADEs
- 4. All EOs
- 5. All SPEs
- 6. Zonal Convener
- 7. PS to Director of Education
- 8. Guard File
- 9. O.S. (IT) with the request to place the circular on website.

INTER-ZONAL ATHLETIC MEET 2013-14

| | | 1st Day (Da | ted – 12 | .11.2013) | 10. | 00 A.M | |
|-------|-------------|---------------------|-----------------|-----------------------|--------|------------------------------|------|
| S.No. | Event | Age-Group | Heats- Final | Inter Zonal Record | Year | National School Record | Year |
| 1. | 1500 mtrs. | U-19 Sr. Boys | Final | 4:00.76 Sec. | 2012 | 3:56.1 sec | 2001 |
| 2. | 1500 mtrs. | U-19 Sr. Girls | Final | 5:02.0 sec. | 1992 | 4:36.75 sec | 2005 |
| 3. | 1500 mtrs. | U-17 Jr. Boys | Final | 4:10.27 Sec. | 2007 | 4:03.4 sec | 2003 |
| 4. | 1500 mtrs. | U-17 Jr. Girls | Final . | 5:04.2 sec. | 1991 . | 4:41.9 sec | 2005 |
| 5. | Long Jump | U-19 Sr. Girls | Final | 5.01 mtrs. | 2005 | 6.05 mt. | 2001 |
| 6. | Triple Jump | U-17 Jr. Girls | Final | 9.19 mtrs. | 2009 | 12.36 sec. | 2006 |
| 7. | Shot-Put | U-14 Sub. Jr. Girls | Final | 8.16 mt. | 2002 | 10.07 mt. | 2005 |
| 8. | 400 mtrs. | U-19 Sr. Boys | Heats | 49.41 sec. | 2012 | 48.2 sec. | 2003 |
| 9. | 400 mtrs. | U-19 Sr. Girls | Heats | 59.0 sec. | ·1999 | 55.18 sec. | 2005 |
| 10. | 400 mtrs. | U-17 Jr. Boys | Heats | 49.89 sec. | 2002 | 48.9 sec. | 2003 |
| 11. | 400 mtrs. | U-17 Jr. Girls | Heats | 1:01.0 sec. | 1998 | 55.63 sec. | 2005 |
| 12. | 400 mtrs. | U-14 Sub Jr. Boys | Heats | 52.78 sec. | 2012 | 50.8 sec. | 2003 |
| 13. | 400 mtrs. | U-14 Sub. Jr. Girls | Heats | 1:02.5 sec. | 1994 | 57.4 sec. | 2008 |
| 14. | Long-Jump | U-19 Sr. Boys | Final | 7.18 mtrs. | 1999 | 7.52 mt. | 2006 |
| 15. | Triple Jump | U-17 Jr. Boys | Final. | 12.83 mtr. | 2006 | 14.89 mtr. | 2006 |
| 16. | Shot-Put | U-14 Sub. Jr. Boys | Final | 15.32 mts. | 2001 | 16.31 mt. | 1990 |

Note:- All the Quarter final, semi final and final in the track events will be held in the same manner same day.

INTER-ZONAL ATHLETIC MEET 2013-14

| | | 2 nd Da | y (Dated – 13 | .11.2013) | 10.00 | A.M. | |
|-----|-------------|------------------------|---------------|-----------------------|-------|------------------------------|------|
| S.N | Event | Age-Group | Heats-Final | Inter Zonal Record | Year | National School Record | Year |
| 1 | High Jump | U-14 Sub.Jr. Girls | Final . | 1.35 mtr. | 2010 | 1.59 mtr. | 2005 |
| 2 | High Jump | U-14 Sub.Jr. Boys | Final | 1.85 mtŗ. | 2007 | 1.88 mtr. | 2007 |
| 3 | Long-Jump | U-17 Jr. Girls | Final | 05.23 mts. | 2012 | 5.66 mts. | 1995 |
| 4 | Long-Jump | U-17 Jr. Boys | Final | 6.66 mts. | 1997 | 7.16 mt. | 2008 |
| - 5 | Triple Jump | U-19 Sr. Girls | Final · | 10.40 mtrs. | 2012 | 12.46 sec. | 2005 |
| 6 | Triple Jump | U-19 Sr. Boys | Final | 13.98 mt. | 2000 | 15.50 mt. | 2008 |
| 7 | Long-Jump | U-14 Sub Jr. Boys | Final | 6.01 mtrs. | 2003 | 6.52 mt. | 2005 |
| 8 | Long Jump | U-14 Sub. Jr. Girls | Final | 4:71 mtrs. | 2006 | 5.45 mt. | 2005 |
| 9 | Shot-Put | U-17 Jr. Girls | Final | 11.57 mtrs. | 2004 | 12.45 mt. | 2012 |
| 10 | Shot-Put | U-17 Jr. Boys | Final | 16.37 mtrs. | 2011 | 16.58 mt. | 2005 |
| 11 | Discus | U-19 Sr. Girls | Final | 45.16 mtrs. | 2005 | 48.18 mt. | 2012 |
| 12 | Discus | U-19 Sr.Boys | Final · | 47.40 mtr. | 2004 | 52.22 mtr. | 2005 |
| 13. | Discus | U-14 Sub Jr. Girls | Final | 25.63 mtrs. | 2002 | 35.30 mt. | 2012 |
| 14. | Discus | U-14 Sub Jr. Boys | Final | 40.90 mtrs. | 1997 | 56.35 mt. | 2006 |

INTER-ZONAL ATHLETIC MEET 2013-14

| | | 3 rd Day (Da | | 11.2015) | ĮΟ. | 00 A · M | W |
|-------|-----------------------|-------------------------|-------------|-----------------------|------|------------------------------|------|
| S.No. | Event | Age-Group | Heats-Final | Inter Zonal Record | Year | National School Record | Year |
| 1 | 200 mtrs. | U-19 Sr. Boys | Heats | 21.7 sec. | 2004 | 21.3 sec. | 2003 |
| 2 | 200 mtrs. | U-19 Sr. Girls | Heats | 25.5 sec. | 2001 | 24.55 sec. | 2008 |
| 3 | 200 mtrs. | U-17Jr. Boys | Heats | 22.1 sec. | 2002 | 21.99 sec. | 2008 |
| 4 | 200 mtrs. | U-17 Jr. Girls | Heats . | 26.2 sec. | 2002 | 25.0 sec. | 2003 |
| 5 | 200 mtrs. | U-14 Sub Jr. Boys | Heats | 23.9 sec. | 2000 | 23.23 sec. | 2001 |
| 6 | 200 mtrs. | U-14 Sub. Jr. Girls | Heats | 27.7 sec. | 2001 | 25.15 sec. | 2008 |
| 7 | High Jump | U-17 Jr. Girls | Final | 1.48 mtr. | 1999 | 1.65 mtr. | 2000 |
| 8 | Shot-Put | U-19 Sr. Girls | Final | . 12.53 mtrs. | 2005 | 13.34 mt. | 2005 |
| 9 | 5000 mtrs. | U-19 Sr. Boys | Final | 15:34.7 sec. | 1995 | 14:51.97 sec | 2008 |
| 10 | 5000 mtrs. | U-19 Sr. Girls | Final | 20:15.8 sec. | 2006 | 17:08.7 sec. | 1998 |
| 11 | High Jump | U-17 Jr. Boys | Final | 1.90 mtr. | 1992 | 2.00 mtr. | 2005 |
| 12 | Shot-put | U-19 Sr. Boys | Final | 16.53 mt. | 2012 | 16.72 mt. | 2005 |
| 13 | 4 x 100 mts. Relay | U-19 Sr. Boys | Heats/final | 43.95 sec | 2011 | 41.8 sec. | 2002 |
| 14 | 4 x 100 mts. Relay | U-19 Sr. Girls | Heats/Final | 53.96 sec | 2011 | 47.8 sec. | 2008 |
| 15 | 4 x 100 mts. Relay | U-17 Jr. Boys | Heats/Final | 46.34 sec | 2011 | 42.8 sec | 2003 |
| 16 | 4 x 100 mts. Relay | U-17 Jr. Girls | Heats/Final | 56.3 sec | 1997 | 48.8 sec | 2003 |
| 17 | 4 x 100 mts. Relay | U-14 Sub Jr. Boys | Heats/Final | 49.46 sec | 2011 | 44.4 sec | 2002 |
| 18 | 4 x 100 mts. Relay | U-14 Sub Jr. Girls | Heats/Final | 58.0 sec | 1994 | 50.32 sec | 2001 |

Note:- All the Quarter final, semi final and final in the track events will be held in the same manner same day.

INTER-ZONAL ATHLETIC MEET 2012-2013

| S.No. | Event | Age-Group | Heats- Final | Inter Zonal Record | Year | National School | Year |
|-------------|------------------|------------------------|-----------------|-----------------------|-------|-----------------------|------|
| 1. | 800 mtrs. | U-19 Sr. Boys | Final | 1:58.8 sec. | :2002 | Record 1:52.9 sec. | 2003 |
| 2. | 800 mtrs. | U-19 Sr. Girls | Final | 2:24.0 sec. | 1992 | 2:09.14 sec. | 2008 |
| 3. | 800 mtrs. | U-17 Jr. Boys | Final | 1:59.06 sec. | 2010 | 1:55.0 sec. | 1998 |
| 4. | 800 mtrs. | U-17 Jr. Girls | Final | 2:31.1 sec. | 1997 | 2:12.01sec. | 2008 |
| 5. | High Jump | U-19 Sr. Girls | Final | 1.48 mtr. | 1995 | 1.68 mtr. | 2008 |
| 6. | High Jump | U-19 Sr. Boys | Final | 1.80 mtr. | 2007 | 2.04 mtr. | 2006 |
| 7. | 100 mtrs. | U-19 Sr. Boys | Heats | 10.7 sec. | 2001 | 10.7 sec. | 2002 |
| 8. | 100 mtrs. | U-19 Sr. Girls | Heats | 12.5 sec. | 2001 | 11.98 sec. | 2008 |
| 9. | 100 mtrs. | U-17Jr. Boys | Heats | 11.1 sec. | 1999 | 10.8 sec. | 1990 |
| 10. | 100 mtrs. | U-17 Jr. Girls | Heats | 13.0 sec. | 1998 | 12.2 sec. | 1979 |
| 11. | 100 mtrs. | U-14 Sub Jr. Boys | Heats | 11.8 sec. | 1999 | · 11.4 sec. | 1994 |
| 12. | 100 mtrs. | U-14 Sub. Jr. Girls | Heats . | 13.42 sec. | 2011 | 12.08 sec. | 1998 |
| 13. | 600 mtrs. | U-14 Sub.Jr. Boys | Heat/ Final | 1:27.7 sec. | 1999 | 1:23.54 sec. | 1998 |
| 14. | 600 mtrs. | U-14 Sub Jr. Girls | Heat/ Final | 1:43.2 sec. | 1994 | 1:38.21 sec. | 2005 |
| ' 5· | 4x400 mtr. Relay | U-19 Sr. Boys | Heat / Final | 3:35.5 mtr. | 1999 | 3:15.44sec | 2005 |
| 16. | 4x400 mtr. Relay | U-19 Sr. Girls | Heat / Final | 4:46.8 mtrs. | 1999 | 3:46.05sec | 2008 |

Note: - All the Quarter final, semi final and final in the track events will be held in the same manner same day.

INTER-ZONAL ATHLETIC MEET 2013-14

| e 50 | | 5 th Day (D | ated -19 | 9.11.2013) | | | |
|------|--------------|------------------------|-----------------|-----------------------|------|------------------------------|------|
| S.N | Event | Age-Group | Heats- Final | Inter Zonal Record | Year | National School Record | Year |
| 1 | 3000 mtrs. | U-17 Jr. Boys | Final | 9:04.7 sec. | 2001 | 8:46.7 sec. | 1988 |
| 2 | 3000 mtrs. | U-17 Jr. Girls | Final | 11:24.0 sec. | 1997 | 10:00.3 sec. | 2007 |
| 3 | 3000 mtrs. | U-19 Sr. Girls | Final | 10:45.1 sec. | 1992 | 9:55.62 sec | 2006 |
| 4 | Discus Throw | U-17 Jr. Girls | Final | 40.50 mts. | 2001 | 41.58 mtr | 1998 |
| 5 | Discus Throw | U-17 Jr. Boys | Final | 45.73 mts. | 2001 | 52.22 mtr | 2005 |
| 6 | Hammer Throw | U-19 Sr.Boys | Final | 49.30 mtr. | 2000 | 59.29 mtr. | 2007 |
| 7 | Hammer Throw | U-17 Jr. Boys | Final | 45.42 mtr. | 1999 | 66.70 mtr. | 2001 |
| 8 | Javelin | U-19 Sr. Girls | Final | 33.24 mt. | 1992 | 45.33 mt. | 2001 |
| 9 | Javelin | U-19 Sr. Boys | Final | 57.68 mts. | 1998 | 67.40 mt. | 2007 |
| 10 | Javelin | U-17 Jr. Girls | Final | 32.49 mtr. | 2002 | 40.84 mt. | 2001 |
| 11 | Javelin | U-17 Jr. Boys | Final | 59.48 mtr. | 2002 | 72.41 mt. | 2012 |

Note:-

- 1. All the quarter final, Semi final & final in the track events will be held in the same manner same day.
- 2. Programme is subject to change if need arises.
- 3. One Athlete can participate in three events only excluding relay.
- 4. Chest No. and Identity card & age proof compulsory to take part in Inter Zonal Athletic Meet.
- 5. The event will be treated cancelled, if the entries are less than four in any event.

6. Decision of the judges will be treated as final.

(ASHA AGGARWAL) 1111

Assistant Director of Education (Sports

Qualifying standard for 59th National School Games Athletics 2013-14 Six place from 58th National School Games Athletics 2012-13

| Events | Sr. Boys (U- 19yrs) | Sr. Girls (U-19yrs) | Jr. Boys (U-17yrs) | Jr. Girls (U-17yrs) | Sub Jr. (Boys) (U-14yrs) | Sub Jr. (Girls) (U-14yrs) |
|------------------|------------------------|------------------------|-----------------------|------------------------|--------------------------------|---------------------------------|
| 100Mtrs. | 11.26 Sec | 12.76 Sec | 11.62 Sec | 13.37 Sec | 12.07 Sec | 13.80 Sec |
| 200Mtrs | 23.33 Sec | 27.37 Sec | 23.35 Sec | 27.94 Sec | 24.63 Sec | 28.48 Sec |
| 400Mtrs. | 50.86 Sec | 1:00.28 Sec | 52.08 Sec | 1:02.25 Sec | 57.92 Sec | 1:04.62 Sec |
| 600Mtrs | | R | | | 1:33.52 Sec | 1:43.73 Sec |
| 800 Mtrs. | 2:02.50 Sec | 2:28.72 Sec | 2:00.45Sec | 2:39.80 Sec | | |
| 1500 Mtrs. | 4:08.28 Sec | 5:03.78 Sec | 4:09.77Sec | 5:03.88 Sec | | |
| 3000Mtrs. | | 11:02.57Sec | 9:04.07Sec | 11:16.83Sec | | |
| 5000Mtrs. | 15.:43.06Sec | 18:57.00Sec | | | | |
| Long Jump | 6.65 Mtr. | 5.33 Mtr. | 6.55 Mtr. | 5.03 Mtr. | 5.81 Mtr. | 4.61 Mtr. |
| High Jump | 1.98 Mtr. | 1.53 Mtr. | 1.75 Mtr. | 1.45 Mtr. | 1.65 Mtr. | 1.35 Mtr. |
| Triple Jump | 14.08 Mtr. | 11.65 Mtr. | 13.89 Mtr. | 10.71 Mtr. | | |
| Shot-put | 14.75 Mtr. | 10.34 Mtr. | 13.99 Mtr. | 09.54 Mtr. | 12.10 Mtr. | 8.29 Mtr. |
| Discus Throw | 43.25 Mtr. | 33.39 Mtr. | 41.94 Mtr. | 28.24 Mtr. | 39.44 Mtr. | 26.19 Mtr. |
| Javelin Throw | 53.03 Mtr. | 33.92 Mtr. | 53.80 Mtr. | 29.70 Mtr. | | |
| Hammer Throw | 53.51 Mtr. | | 53.56 Mtr. | | | |

(ASHA AGGARWAL)
ASSTT. DIRECTOR OF EDUCATION (Sports)