

GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI
DIRECTORATE OF EDUCATION: SPORTS BRANCH
CHHATRASAL STADIUM: MODEL TOWN, DELHI-110009

No. DE- 41/2013/Sports/ 8522-71

Dated :- 11th November, 2013

To

The Heads of All Schools / Zonal Convener,
Directorate of Education,
Delhi / New Delhi

Sub:-Organization of Inter-Zonal Sports Tournament in Yoga U-14, 17 & 19 years (Boys & Girls) at Chhatrasal Stadium, Model Town, Delhi.

Sir / Madam,

Sports Branch, Directorate of Education, Govt. of NCT of Delhi is organizing Inter-Zonal Sports Tournament in Yoga Under-14, 17 & 19 years (Boys & Girls). Details are as below:-

Date & Time	Event
20.11.2013 at 8.30 a.m.	Individual Competition for boys & girls (Sr., Jr. & Sub Jr.) preliminary round.
21.11.2013 at 12:00 noon	Individual final Senior girls.
23.11.2013 at 8.30 a.m.	Individual final Junior girls.
25.11.2013 at 8.30. a.m.	Individual final Sub Junior girls.
26.11.2013 at 8.30. a.m.	Individual final Senior boys.
27.11.2013 at 8.30. a.m.	Individual final Junior boys.
28.11.2013 at 8.30. a.m.	Individual final Sub Junior boys
29.11.2013 at 8.30. a.m.	Rhythmic yog & Artistic Yog final Senior boys & Senior girls
30.11.2013 at 8.30. a.m.	Rhythmic yog & Artistic Yog final Junior boys & Junior girls
01.12.2013 at 8.30 a.m.	Rhythmic yog & Artistic Yog final Sub Junior boys & Sub Junior girls
09.12.2013 at 8.30 a.m.	Senior boys group competition.
10.12.2013 at 8.30 a.m.	Junior boys group competition.
11.12.2013 at 8.30 a.m.	Sub. Junior boys group competition.
12.12.2013 at 8.30 a.m.	Senior girls group competition.
13.12.2013 at 8.30 a.m.	Junior girls group competition.
14.12.2013 at 8.30 a.m.	Sub. Junior girls group competition.

FOR INDIVIDUAL COMPETITIONS :-

NOTE :-

1. In the individual preliminary round competition HAND STAND posture is compulsory, and in the final round each and every participants has to perform all the listed 18 asans.
2. For individual competition only 3 entries in each group is accepted from each zone and in the artistic and rhythmic yog only one entry is required.
3. For rhythmic competition the participants shall bring their own CD / Cassettes and the music system.

4. All the individual competition shall be held as per the School Games Federation of India (SGFI) rules.
5. All the participants shall participate in proper yoga uniform.

FOR GROUP COMPETITIONS :-

1. Only one entry for each zone is required in each group i.e. Sr., Jr. & Sub. Jr. (Boys & Girls)
2. Out of the 18 listed asans each team has to perform minimum 12 asans of their choice in proper uniform.
3. The maximum time limit is 15 minutes for each group.
4. All the entries must be forwarded by the zonal convener.
5. All the participants must bring their Identity Card. **(Individual & Group Competition)**
6. Each team shall bring their own drum / music system with them.

Eligibility to participating in all disciplines

Age Group	Eligibility
Under 14 years (Boys & Girls)	Should be born on or after 1.1.2000 and Student of upto 8 th Class
Under 17 years (Boys & Girls)	Should be born on or after 1.1.1997 and Student of upto 10 th Class
Under 19 years (Boys & Girls)	Should be born on or after 1.1.1995 and Student of Class 11 th & 12 th

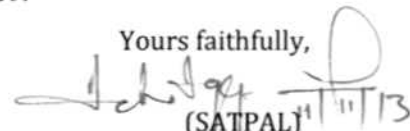
Cash prize and certificate will be given by the Sports Branch.

If there is any protest, it shall be filed in the stipulated time with protest fees and the decision of jury will be final.

All the Zonal SPEs / Convener / Secretaries are requested to send their entries in enclosed prescribed performa latest by 18.11.2013 in Chhatrasal Stadium, Model Town, Delhi.

Any other information can be had from Sh. V.D. Sharma, 9868113365, Sh. Ram Avtar, 9212017403, Sh. Ashok Dhawan, 9811450604 and Smt. Asha Aggarwal, ADE (Sports), 9891638089.

Yours faithfully,


(SATPAL)
for Additional Director of Education (Sports)

Copy forwarded to the:-

1. All RDE's
2. All District DDEs
3. All ADEs
4. All EOs
5. All SPEs
6. PS to Director of Education
7. Guard File
8. O.S. (IT) with the request to place the circular on website.

ENTRY FORM - INTER-ZONAL SPORTS TOURNAMENT IN YOGA - 2013
(UNDER-14, 17 & 19 YEARS BOYS & GIRLS)

S.No	Event	Name of the School	Name of the Student	Class	D.O.B.	ID No.
1.	Individual Competition		1. 2. 3.			
2.	Rhythmic Yog		1.			
3.	Artistic Yog		1.			
4.	Group Competition		1 to 20			

Note:

- The entry forms must be submitted separately for boys and girls, group wise, please read the given instruction carefully.
- Before signing the entry forms please verify the details of the participant as per your official record of your School.

Name & Signature of the Team Coach/In-charge.

Contact No.

Name & Signature of the
Head of the School with Seal.