GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI DIRECTORATE OF TRAINING: UNION TERRITORIES CIVIL SERVICES Institutional Area, Vishwas Nagar, Behind Karkardooma Courts, Shahdara, Delhi - 110032 Tel. Fax No.: 22303843, Fax No. 22303844, Email: adtrg4utcs.delhi@nic.in

F.No.8(1)4/2011-12/UTCS (TS-IV)/ 1312-1478

Dated: 06 -01-2012

CIRCULAR

The Directorate of Training is entrusted with the basic responsibility of conducting training programmes for various levels of officials / officers in various areas of administration. The Directorate has identified subjects needing basic knowledge and skill for Personality Development. The two-day training course on 'Positive Attitude and Personality Development' is an important course in the list. The Course will be held on 19-03-2012 to 20-03-2012.

IMPORTANCE OF THE COURSE

Positive attitude at workplace creates an energetic environment helps building understanding with superiors and subordinates and thereby developing teamwork. In context of Government servants' development of positive attitude is essential owning to a variety of pressures and situations he / she faces in every day office life.

TARGET BENEFICIARIES OF THE COURSE

The Course has been designed to benefit all lower / middle level functionaries in the Government, its local/autonomous bodies, public sector undertakings. Training modules and learning units are enclosed.

OBJECTIVES OF THE COURSE

At the end of the Course, the participants will be able to:

- Explain the importance of positive attitude at workplace,
- Explain relationships between positive attitude and organizational growth, and
- Describe benefits of positive attitude. 3.

CONTENTS OF THE COURSE

- Attitude and Personality
- Positive Attitude and its Manifestations 2
- Positive Attitude and Optimism 3.
- Positive Affirmations and Positive Thinking 4.
- Organizational Goals and Positive Attitude 5
- Work Ethics and positive Attitude 6
- Benefits of Positive Attitude 7.
- Positive Attitude and Personality

METHODOLOGY OF THE COURSE

The Course would be conducted by experts who are experienced in the area of Positive Attitude and Personality Development. While lecture method would be generally followed, case studies, group discussions and documentaries may also be included in some sessions. The Course would be interactive and participants encouraged to raise questions and get the doubts cleared.

NOMINATIONS FOR THE COURSE

- The Course envisages class strength of 40 Participants.
- Nominations shall be accepted on first-come-first-serve basis. 2.
- 3. Nomination letter along with bio-data of the participants in the format prescribed may be sent by 12-03-2012.
- Nominations received after 12-03-2012 may not be entertained. 4.
- Outstation participants are requested to proceed for training only after receipt of confirmation of acceptance of nomination.

OTHER INSTRUCTIONS

- Participants are expected to observe punctuality and regularity. 1.
- Participants are expected to keep their mobile phones on silent mode during the training 2. sessions
- Participants are expected to complete exercises/questionnaires, if any, distributed by the 3. faculty during any training session and also fill up the feedback form.

- 4. Participants are expected to utilize the knowledge gained during the training for efficient discharge of their duties.
- 5. Participants may contact the undersigned for any information/clarification on training course.

6. Filled up Bio-data forms of nominated officials may be forwarded by department.

7. Bio-data form is available in the department's website <u>www.utcs.delhigovt.nic.in</u> under 'Training'.

8. Contact/correspondence may be made on Phone Nos. 22303843 Fax No. 22303844 and through Email address adtrg4utcs.delhi@nic.in

(CATHERINE MATHAI)
Assistant Director – IV (Trg.)
Tel. Fax No. 22303843

Dated: 06-01-2012

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Copy for information to:

1. All HODs / Local/ Autonomous Bodies and State Undertakings /Corporations with the request to encourage their officers to avail the benefits of this training.

2. Estate Officer, Directorate of Training: UTCS for uploading on the website of the Department.

(CATHERINE MATHAI) Assistant Director – IV (Trg.)

TRAINING MODULE ON POSITIVE ATTITUDE AND PERSONALITY DEVELOPMENT

Name of the Package of Courses Duration of the Course Number of Sessions Training Branch Name of Course Coordinator		Personality Development Two days 8 (Eight) IV Ms. Catherine Mathai, Assistant Director			
			Session	Duration	Topics
				111	Day - 1
			Session – I 10.00 am- 11.15 am	75 Min.	Attitude and Personality
			Tea		
Session – II 11.30 am- 12.45 pm	75 Min.	Positive Attitude and its Manifestations			
Lunch	Market State of State				
Session – III 01.45 pm- 03.00 pm	75 Min.	Positive Attitude and Optimism			
Tea	. 151	S Postera Amicae and Optimism			
Session – IV 03.15 pm- 04.30 pm	75 Min.	Positive Affirmations and Positive Thinking			
		Day - 2			
Session – V 10.00 am- 11.15am	75 Min.	Organizational Goals and Positive Attitude			
Tea		A Secretaria de Agrana de			
Session – VI 11.30 am- 12.45 pm	75 Min.	Work Ethics and positive Attitude			
Lunch	o ed blood hed	and Parcecular Caredonners While lecture mail			
Session – VII 01.45 pm- 03.00 pm	75 Min.	Benefits of Positive Attitude			
Tea	at an				
Session – VIII 03.15 pm- 04.30 pm	75 Min.	Positive Attitude and Personality			